



Peace be with you!

Welcome and thank you for joining us for the 2022 Pray More Healing Retreat!

NOTE: Please save this e-mail so you can access all of the retreat materials whenever you want to. :)

Here are all of the retreat presentations!

Each link will take you to a page that has that presentation's video & audio recording, transcript (and closed captions), and study guide.

You can watch these at your own pace, in whatever order you would like, and whenever you have the time. :)

We will check in once a week with a reminder of where you can find all the videos, and with a reminder of our suggested videos to watch that week.

Here are our suggestions for which videos to listen to or watch throughout the retreat:

Week 1:

[Putting God at the Center of Your Life](#)

with Kitty Cleveland

[Healing in Our Sense of Identity](#)

with Megan Hjelmstad

[Growing in Relationship with the Holy Spirit](#)

with Pete Burak

[Healing and Memory in Light of Divine Providence](#)

with Dr. Mario Sacasa

[How to Grow in Faith & Trust in the Lord](#)



with Fr. Jude-Mary Owoh, OP

[Healing as a Result of Prayer](#)

Praying with art with Katie Weiss

Week 2:

[Healing in Suffering](#)

with Megan Hjelmstad

[Growing in Trust in the Lord](#)

with Kitty Cleveland

[Suffering & Redemptive Suffering](#)

with Pete Burak

[Hope: The Misunderstood Virtue](#)

with Dr. Mario Sacasa

[Finding Healing from Fear](#)

Praying with art with Katie Weiss

Week 3:

[Trusting & Surrendering to God's Will](#)

with Kitty Cleveland

[Healing & Learning to Live with Grief](#)

with Pete Burak

[Healing in the Midst of Fear](#)

with Megan Hjelmstad

[Embracing the Power of Hope](#)

with Dr. Mario Sacasa

[How to Have a Better Prayer Life & Greater Intimacy with the Lord](#)

with Fr. Jude-Mary Owoh, OP



Week 4:

[How to Imitate the Lord in Our Lives](#)

with Pete Burak

[Recovering from Life's Disappointments](#)

with Kitty Cleveland

[Healing in Our Relationship with Others](#)

with Megan Hjelmstad

[Praying and Healing Through Past Memories](#)

Praying with art with Katie Weiss

[Healing from Shame](#)

with Fr. Jude-Mary Owoh, OP

Week 5:

[Discovering Our Self-Worth in Christ](#)

praying with art with Katie Weiss

[Resting in The Promises of Jesus](#)

with Fr. Jude-Mary Owoh, OP

[Healing and Moving Forward](#)

with Dr. Mario Sacasa

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Thank you once again for joining us for this Retreat!



We are praying for you and your personal intentions throughout this retreat!

May the Lord comfort you and guide you closer to Him throughout these next few weeks.

God bless you!

John-Paul & Annie - PrayMoreNovenas.com

P.S. If you have any problems accessing any of the retreat materials, you can e-mail us and we will get back to you as soon as possible :)

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If this retreat has been a blessing to you,
please consider making a small donation [here](#).

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You joined by signing up at <https://praymoreretreat.org>

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