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### MASS INTENTIONS

Monday	10:00am	Eileen Archbold RIP
Tuesday	10:00am	Intention of Sr. Immaculata
Wednesday	10:00am	Liturgy of the Word
	7:00pm	The Lonely
	7:30pm	Baptismal Parents Meeting
Thursday	10:00am	New Mothers
	<b>4:00pm</b>	<b>Benediction – With school children and parents, ALL welcome.</b>
Friday	10:00am	Ukraine and Russia
		<b>Stations of the Cross immediately after Mass</b>
		<b>Fifth Sunday in Lent</b>
Saturday	6:00pm	The Sick
Sunday	8:30am	Intention of Sr. Patricia
	10:00am	People of the Parish
	12:00noon	World Equality

### CONFESSION

A great release of stress. Send me a text or come to the office any Saturday between 2pm and 4pm

### Family Fast

Sincere thanks for last Sunday's collection for Family Fast which amounted to £117.31.

### SICK OR HOUSEBOUND.

If you know of any one who is sick or house-bound and cannot come to Mass please let me now. Please don't wait until it is too late and they can't have communion. Please tell me on time.

### Love the Stranger

In 2023, people making dangerous journeys across the Channel to reach the UK are called by various names: 'refugees', 'asylum-seekers', 'migrants' and often by more derogatory terms. Migrants and refugees are human beings not just statistics, says Bishop as Bishops' Conference releases new publication.

### Homes for Ukraine Matching Service

Caritas Social Action Network, in partnership with St John of God Hospitaller Services, an international Catholic charity with many services for the vulnerable in the UK and Ireland, are matching Ukrainian people displaced by the brutal war in their country with people in the Catholic community willing to host them in their homes for six months. If you have room in your home and in your heart to consider welcoming a stranger displaced by war, then we'd love to hear from you. Please visit

<http://sjog-homesforukraine.uk/>

### Fr Jack

To be blind must be a great physical disability. Yet some blind people I know are very positive. They often say "I see." meaning.....I understand!!! Probably more important. Why do we often say never discuss religion or politics? because you can discuss them forever. Sadly, sometimes it is not a discussion, it is an exchange of opinions. Your opinion----my opinion, is one as good as another? That is an exchange of opinions. Self-referential? often not very enlightening. This would be fine in a world without Jesus but Jesus came into the world because he loves us.

### What is Spiritual Maturity

Rumi, 13<sup>th</sup> century Persian spiritual teacher was asked. What is spiritual maturity? "It's when we stop trying to change others and focus on changing ourselves. It's when we accept people as they are. It's when we understand that everyone is correct according to their own perspective. It's when we learn to 'let go'. It's when we are able not to have 'expectation' in a relationship but we give of ourselves for the pleasure of giving. It's when we understand that what we do, we do for our own peace. It's when we stop showing the world how smart we are. It's when we stop seeking approval from others. It's when we stop comparing ourselves to others. It's when we are at peace with ourselves. It's when we are able to distinguish between 'need' and 'want' and are able to let go of that 'want'. Spiritual maturity is gained when we stop attaching 'happiness' to material things."