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# MASS INTENTIONS

Monday	10:00am	John Murray RIP	
Tuesday	10:00am	Maria & Manuel RIP	
Wednesday	10:00am	Henry Topp RIP	
	7:00pm	RCIA Meeting All Welcome	
Thursday	10:00am	Liturgy of the Word	
Friday	10:00am	Intention of Grantia	
Saturday	6:00pm	People of the Parish	
Thirtieth Sunday in Ordinary Time			
Cundou	0.20.00	Er Thomas Cmith & Family	

Sunday	8:30am	Fr Thomas Smith & Family
	10:00am	Intention of Jim
	12:00noon	The Barry Family RIP

### Legion of Mary

The Legion is a fantastic organisation and has a great record. We are very lucky to have one here in our own Parish. They visit in pairs, the sick and the housebound. It would be great to have some new members. They meet every Sunday morning after 10:00 am Mass in the side chapel for an hour. Please consider joining.

#### Refugees

The Peckham Hotel is full of refugees at the moment and we should consider how we can help them. The Coplestone Centre provides clothes, so let us help the Coplestone Centre as a start. Please bring along here any good winter clothes.

# Annual Day of Renewal at St George's Cathedral

on Saturday, **22nd October 2022 between 10 am – 5 pm**. The day, which is organised by the Southwark. Charismatic Renewal, includes praise and worship, adoration of the Blessed Sacrament, prayer for healing, confessions, Mass and testimonies. A Children's programme is also available but there are limited places so booking essential. Registration is free: <u>bit.ly/SouthwarkRenewal22</u>

**SPUC** is hosting a conference in London highlighting the pressing issue of abortion coercion, on **Saturday 22 October 2022** at Broadway House, Tothill Street, London, SW1H 9NQ. Cost £35/£25 concessions. The conference can be booked online here: <u>https://www.spuc.org.uk/national-conferences-2022</u>. You can also contact Katherine Hampton on katherinehampton@spuc.org.uk, or call: 01892 542 616.

## **FR JACK**

In today's gospel Jesus tells us that even the unjust judge gives in to the woman. If he can do it how much more will God help us if we only trust Him. "Pray continually." If you are praying well, continue doing so. However, how do we pray continually? A tall order. But Jesus says it and we must try to understand. In the Hebrew language vowels are not pronounced. So if we take the name of YAHWEH and leave out the vowels what do we get.....Y-H W-H. Now pronounce that yh wh. It is synonymous with our breathing, yh wh, yh wh, yh wh. So in our breathing we are continually saying the name of God. For those who do good yoga that is what you are trying to do....get in touch and keep in touch with your breathing. Just repeating the name of God. When you popped out of the womb and the midwife slapped you on the rear end.....you gasped and said God. And as you give your last breath, probably with one great gasp and a gurgle you will say yh wh. So we come into the world and leave the world with the name of God on our lips. Wow????

So in between the womb and the tomb we need to be continually in touch with the name of God on our lips. This is why finding quiet time throughout the day to get in touch with our breathing, with yh wh can be very calming and contemplative. And the result is that in between time we have a heightened awareness of yh wh. Praying continually.

A snail has about 25,600 ''teeth.'' That's why snail dentists are millionaires.

### Charismatic Group

This Monday 10<sup>th</sup> October, we will have our second charismatic prayer group at 7 – 8pm, in the Church. We will run it for one month, depending on your support.

**St Bernardette's relics are at St George's Cathedral** on Weds 19<sup>th</sup> & Thurs 20<sup>th</sup> October 2022 For times check website: <u>The Relics of St Bernadette UK Tour 2022:</u> Archdiocese of Southwark (rcsouthwark.co.uk)