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MASS INTENTIONS

Monday 10:00am	Angela Lynch RIP
Tuesday 10:00am	Fr. Timothy RIP
Wednesday 7.00pm	NHS Workers
Thursday 10:00am	Fr Michael Feben RIP
Friday 10:00am	Essential Service Workers
Saturday 6:00pm	Intention of Genevive.

FOURTH SUNDAY IN ORDINARY TIME
31.01.2021.

Sunday 8:30am	People of the Parish
10:00am	Victims of war
12:00noon	People in distress.

PATRICIA KEOGH RIP

Pat's funeral has been re arranged for the 12.02.2021 at 10 am. If you wish to attend please let me know.

Never again miss a daily or Sunday reading

Go to the parish website and click on the newsletter.

Down the right hand side of the newsletter there is---Daily and Sunday readings.

Click on it.....top of the page left and right there are arrow to go forward or backward.

Injustice anywhere is a threat to justice everywhere.

I AM THE "7%"

This is something we should all read at least once a week!!!! Make sure you read to the end!!!!

Written by *Regina Brett*, 90 years old, of the Plain b Dealer, Cleveland , Ohio_

***To celebrate growing older, I once wrote few lessons life taught me. It is the most requested column I've ever written.*_**

1. *Life isn't fair, but it's still good.*

2. *When in doubt, just take the next small step.*

3. *Your job won't take care of you when you are sick. Your friends and family will.*
4. *You don't have to win every argument. Stay true to yourself.*
5. *Cry with someone. It's more healing than crying alone.*
6. *Make peace with your past so it won't mess up the present.*
7. *Don't compare your life to others. You have no idea what their journey is all about.*
8. *Take a deep breath every now and then. It calms the mind.*
9. *Get rid of anything that isn't useful. Clutter weighs you down in many ways.*
10. *It's never too late to be happy. But it's all up to you and no one else.*
11. *Burn the candles, use the nice sheets, wear the fancy clothes. Don't save it for a special occasion. Today is special.*
12. *No one is in charge of your happiness but you.
- *13. *Forgive others and yourself.*
14. *What other people think of you is none of your business.*
15. *Time heals almost everything. Give time a little time.*
16. *However good or bad a situation is, it will change.*
17. *Don't take yourself so seriously. No one else does.*
18. *Believe in miracles.*
19. *God loves you because of who God is, not because of anything you did or didn't do.*
20. *Growing old Beats the alternative of dying young.*
21. *Your children get only one childhood.*
22. *All that truly matters in the end is that you loved.*
23. *Get outside every day. Miracles are waiting everywhere.*
24. *Envy is waste of time. Accept what you already have, not what you need.*
25. *The best is yet to come...*
26. ***No matter how you feel, get up, dress up and show up.***
27. *Life isn't tied with a bow, but it's still a gift.**

Its estimated that 93% won't share this. If you are one of the *7%* who will, share this with the title ***"7%"*_**

I'm in the 7%. Friends are the family and family is best friends that you choose.*

***Its worth reading again & again, as & when you can. ***



I'm in the 7%.