

<p style="text-align: center;">St. James the Great Catholic church, Peckham Rye. Fr Jack 07909 140867 22<sup>nd</sup> to 28<sup>th</sup> June 2020</p>	<p><b>FEAR/ANXIETY</b></p>
<p>Dear Friends, Let it be known that if sometimes you do not get the reminder notice check in your spam. Sometimes with bulk mailing letters go to spam. Obviously you will always get it on the website. However you do need the notification for the Zoom links for Sunday and Tuesday meetings.</p>	<p>There are many things in today's world that can make us fearful, the pandemic, the threat of terrorism, the fear of job loss, anxiety connected with our children and family, lack of money. Unfortunately God is not a Santa Clause to take away our fear and give us what we want.</p>
<p><i>"Do not withhold good from those who deserve it when it is within your power to act." Proverbs.</i></p> <ul style="list-style-type: none"> <li>-Each of us has the power to make a difference to be a blessing.</li> <li>-Our actions may seem insignificant, but they can be a source of hope to others</li> <li>-in this strange time in history, look for opportunities to be a blessing</li> <li>-Do not just think about it but act now because the Lord wants to use you.</li> </ul>	<p>However in the Bible God tells us no less than 365 times not to be afraid. So I believe, now more than ever we are called to an intimacy with God, to live in the <b>present moment</b>. This is holiness. Yesterday is gone and tomorrow may never come. The only true reality is now. Yesterday may be full of guilt and failure. Let it go, God has. Today is the tomorrow you worried about yesterday, it is here, live it.</p>
<p>Thanks for all those who made standing orders, form still on the website if you need it. Would N. B. please make yourself known to me.</p>	<p>Some of us may have grown up with the fear of God, this later became reverence. I love the word of young people today, "God you are <b>awesome</b>," and he has replied; - "Jack your awesome." Relax and enjoy his company.</p>
<p><b>ADORATION</b></p> <p>There is Adoration of the Blessed Sacrament every day from 10 to 11 and evenings from 7 to 8. And on Sunday from 10 to 12. Check last week's newsletter for regulations. I still need a few volunteers to offer to be guides on the opening times. Please help just one hour a week.</p>	<p>As statues are being taken down and pulled down we may feel our life is very insignificant. I haven't achieved anything greatness in my life. There will never be a statue to me. Can I say life is a gift and that ultimately it is not what I accomplish in life that bring us security <b>but how often we say "yes"</b> to every moment knowing in that we are never alone. It is a mind-set. Yes is a very freeing word, positive, outgoing and assertive. Sharing in the suffering of Christ is not a punishment but a passage. And when we embrace whatever life brings without looking for an escape or an easy fix we arrive at a level of peace that evokes creativity and the determination to give life all we are and all we have. As he T-shirt says, "Do it." And I say, "DO IT NOW."</p>
<p><b>PRAYER</b></p> <p><i>Lord thank you that my life can be a source of blessing and encouragement to others. Help me to be a source of hope and strength to those around me. May my seed, as small as it feels, bring a great harvest, as I endeavour to be a blessing to others? Amen.</i></p> <p>Stay safe, love and prayers, Miss you all, <i>Fr. Jack</i></p>	