

After the Consecration we acclaim the mystery of faith:

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

or

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

or

Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

At the end of the Eucharistic Prayer: Amen.

The Communion Rite

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Deliver us...

For the kingdom, the power and the glory are yours now and for ever.

The peace of the Lord be with you always.
And with your spirit.

**Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, grant us peace.**

Behold the Lamb of God...

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Communion Antiphon

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

Prayer after Communion

Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood...
Amen.

THE CONCLUDING RITES

The Lord be with you.
And with your spirit.

May almighty God bless you, the Father, and the Son, ✠ and the Holy Spirit.
Amen.

At the end of Mass the people respond:
Thanks be to God.

THE INTRODUCTORY RITES

Entrance Antiphon

He fed them with the finest wheat and satisfied them with honey from the rock.

All make the Sign of the Cross as the priest says:

Priest In the name of the Father, and of the Son, and of the Holy Spirit.

People Amen.

The priest greets the people in one of these ways:

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

And with your spirit.

or

Grace to you and peace from God our Father and the Lord Jesus Christ.
And with your spirit.

or

The Lord be with you.
And with your spirit.

Penitential Act

One of the following acts of penance is now made:

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

(all strike their breast and say:)

through my fault, through my fault, through my most grievous fault;

therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

or

Have mercy on us, O Lord.
For we have sinned against you.

Show us, O Lord, your mercy.
And grant us your salvation.

or

Lord, have mercy. *or* Kyrie, eleison.
Lord, have mercy. Kyrie, eleison.

Christ, have mercy. *or* Christe, eleison.
Christ, have mercy. Christe, eleison.

Lord, have mercy. *or* Kyrie, eleison.
Lord, have mercy. Kyrie, eleison.

After the absolution all respond:
Amen.

The Gloria

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption...
Amen.

THE LITURGY OF THE WORD

First Reading Deuteronomy 8:2-3, 14-16
A reading from the book of Deuteronomy.
He fed you with manna which neither you nor your fathers had known.

Moses said to the people: "Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

"Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known."

The word of the Lord.
Thanks be to God.

Psalm Psalm 147

R. O praise the Lord, Jerusalem!

or

Alleluia!

- O praise the Lord, Jerusalem!
Zion, praise your God!
He has strengthened the bars of your gates,
he has blessed the children within you. **R.**
- He established peace on your borders,
he feeds you with finest wheat.
He sends out his word to the earth
and swiftly runs his command. **R.**
- He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
He has not taught them his decrees. **R.**

Second Reading 1 Corinthians 10:16-17
A reading from the first letter of St Paul to the Corinthians.

That there is only one loaf means that, though there are many of us, we form a single body.

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

The word of the Lord.
Thanks be to God.

Gospel Acclamation

Alleluia, alleluia!

I am the living bread which has come down from heaven, says the Lord. Anyone who eats this bread will live for ever. Alleluia!

The Lord be with you.
And with your spirit.

A reading from the holy Gospel according to John.
Glory to you, O Lord.

Gospel John 6:51-58

My flesh is real food and my blood is real drink.

Jesus said to the Jews:

"I am the living bread which has come down from heaven.
Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world."

Then the Jews started arguing with one another. "How can this man give us his flesh to eat?" they said. Jesus replied:

"I tell you most solemnly,
if you do not eat the flesh of the Son of Man and drink his blood,
you will not have life in you.
Anyone who does eat my flesh and drink my blood
has eternal life,
and I shall raise him up on the last day.

For my flesh is real food
and my blood is real drink.
He who eats my flesh and drinks my blood lives in me
and I live in him.
As I, who am sent by the living Father, myself draw life from the Father,
so whoever eats me will draw life from me.
This is the bread come down from heaven;
not like the bread our ancestors ate:
they are dead,
but anyone who eats this bread will live for ever."

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

The Homily

The Profession of Faith

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father;

through him all things were made. For us men and for our salvation he came down from heaven,

(all bow during the next three lines)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead and the life of the world to come. Amen.

The bidding prayers now follow:

Let us pray to the Lord.
Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

If the prayers of blessing are said aloud the people acclaim each time:

Blessed be God for ever.

Pray, brethren (brothers and sisters)...
May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

Prayer over the Offerings

Grant your Church, O Lord, we pray, the gifts of unity and peace, whose signs are to be seen in mystery in the offerings we here present...
Amen.

The Eucharistic Prayer

The Lord be with you.
And with your spirit.

Lift up your hearts.
We lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just.

The priest gives praise to God and all acclaim:

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.